

Zeit- und Helferplan LM Jugend U20 / U16, Sonnabend, 18. Juni 2022

(Stand: 10.06.2022)

MJ U20	M15	M14	Uhrzeit	WJ U20	W15	W14	Hammer
			11:30			Speer TSVW, FINK	Senioren / Seniorinnen NTSV, THE
100m VL		Hoch AGHW, AMTV	12:00	Drei LGWP	Drei HNT		
			12:20			100m VL	
			12:50	Speer LGA, BUX			
	Kugel HSV, TSG		13:00		100m VL		
		100m VL	13:20			Weit 1+2 AMTV, THE SCV, DUWO	
	100m VL		13:35				
			13:55	100m VL	Speer HNT, LGA		
Kugel HSV, TSG			14:00				
100m F			14:10				
		100m F	14:15	Hoch LGA, HSV			
	100m F		14:25				
			14:35		100m F		
	Speer HNT, LGA		14:45			100m F	
			14:55	100m F			
			15:00			Kugel SCP, TSVW	
Weit SCP, HSV			15:10				
			15:15	1.500m ZF			Mä/Fr/Jugend LGWP, TSG
1.500m ZF			15:25				
			15:45	400m ZF			
		Speer AGHW, HNT	15:50		Hoch HSV, SCV		
400m ZF			15:55				
	Weit HNT, TSG		16:15				
			16:25				
			16:30	Kugel LGA, HSV	4x100m ZF		
			16:45				
Speer HSV, LAV			16:55	4x100m ZF			
	4x100m ZF		17:05				
4x100m ZF			17:20				

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MJ U20	M15	M14	Uhrzeit	WJ U20	W15	W14
Drei Diskus LAV	Drei LGWP, HSV Stab	Stab HSV, LGA	10:30	Diskus LGA	80m Hü VL	
			10:45			80m Hü VL
		80m Hü VL	11:05			
Hoch SCP, HSV			11:15			
			11:20	100m Hü F		
110m Hü F			11:30			
		Kugel HNT, TSG	11:40			
			11:45		80m Hü F	
			11:55			80m Hü F
	80m Hü F		12:10		Weit NTSV, SCP	
			12:15			Diskus SCP, AMTV
		80m Hü F	12:20			
	Hoch BABÜ, LGA		12:25			
Stab HSV, DUWO			13:00			
	Diskus TSG	Diskus HNT	13:20		300m ZF	
	300m ZF		13:35			
			13:40		Kugel HSV, LGA	
			13:50	Weit AMTV, HSV		
			14:00			Hoch LAV, SCV 800m ZF
			14:15		800m ZF	
			14:25	800m ZF		
			14:30	Stab HSV	Stab LGA	Stab
800m ZF			14:35			
200m ZF			14:55			
		Weit AGHW, DUWO	15:10	200m ZF		
			15:15		Diskus HSV, LGWP	
		800m ZF	15:30			
	800m ZF		15:45			