

# Zeit- und Helferplan Hamburgs Beste U12 - Sonnabend, 16. September 2023

(Stand 13.09.2023)

M10	M11	Uhrzeit	W10	W11
		<b>11:00</b>		Weit 1+2 AGHW, AMTV, BUX, SCV
	Ball LGWP, TUSF	<b>11:30</b>		
		<b>11:40</b>	50m Hü	
50m Hü		<b>12:05</b>		
		<b>12:10</b>	Hoch HSV, BABÜ	
	50m Hü	<b>12:20</b>		
		<b>12:35</b>		50m Hü
Weit 1+2 DUWO, HSV, LGWP, HNT		<b>12:40</b>		
	50m VL	<b>13:00</b>		
		<b>13:10</b>		Hoch HSV, BUX
50m VL		<b>13:15</b>		
Ball LAV, HNT		<b>13:30</b>		
		<b>13:35</b>	50m VL	
	Weit 1+2 HNT, TSVW, TUSF, TSVW	<b>14:00</b>		50m VL
		<b>14:30</b>	Ball HSV, SCV	
50m EL		<b>14:35</b>		
	50m EL	<b>14:40</b>		
		<b>14:45</b>		50m EL
Hoch HNT, ETV		<b>14:50</b>	50m EL	
		<b>15:30</b>	4x50m	
4x50m		<b>15:45</b>		
	Hoch AMTV, HSV	<b>16:00</b>	Weit 1+2 AGHW, NTSV, HSV, AMTV	Ball BUX, THE
	800m	<b>16:15</b>		
800m		<b>16:25</b>		
		<b>16:40</b>		800m
		<b>16:55</b>	800m	

# Zeit- und Helferplan Hamburger Meisterschaften U14 - Sonntag, 17. September 2023

(Stand 13.09.2023)

M12	M13	Uhrzeit	W12	W13
Ball AMTV, LGA		11:30	Kugel BUX	Kugel LGWP
	75m VL	11:50		
75m VL		12:05		
	Weit AGHW, HSV	12:15	75m VL	
Hoch HNT, TUSF		12:30		
		12:35		75m VL
		13:00	75m EL	Speer HSV, HTB
75m EL		13:05		
	75m EL	13:10		
		13:15		75m EL
	Diskus HSV	13:30	Weit 1+2 AMTV, HNT, LAV, SCV	Diskus LGA
	Hoch SVE, DUWO	13:45		
60m Hü		14:00		
		14:05	60m Hü	
		14:15		60m Hü
	60m Hü	14:30		
		14:45		Weit 1+2 HSV, NTSV, TSG, THE
Kugel HSV	Kugel BUX	15:00	Hoch HSV, LGWP	
4x75m		15:35		
		15:45	4x75m	
	Speer SCP, DUWO	15:55		
Weit AMTV, NTSV		16:20		Hoch HTB, LGWP
	800m	16:25		
800m		16:35	Ball HSV, NTSV	
		16:50		800m
		17:00	800m	