

Rahmenzeit- und Helferplan Team LM U16 / HLV-Pokal U12, U14										
MJU16	MKU12		MJU14			WKU12		WJU14		WJU16
Team-LM	Gr. I	Gr. II	Gr. I	Gr. II		Gr. I	Gr. II	Gr. I	Gr. II	Team-LM
HSV HNT StG HH	AMTV HNT BUX HSV	AMTV StG ETV/THE	HNT HSV I HSV II StG BUX/NTSV			BUX HSV	AMTV HNT	HNT StG HH HSV I HSV II	StG HH StG HTB/BUX DUWO HSV	HNT HSV StG HTB/BUX
3.000 m Speer HSV	Hoch HNT / AMTV				10:00	Weit 1 BUX	Weit 1 HNT			3.000 m Speer HNT
	50 m	50 m			10:45					
					11:00	50m	50m			
	Ball HSV	Ball AMTV			11:10					
100m					11:20					100m
					11:30	Hoch HSV, BUX				
Kugel HNT	Weit 1 BUX	Weit 1 StG ETV/THE			11:45					Kugel HSV
					12:00	Ball HSV	Ball AMTV			
					12:15					
Weit 1 StG HH	4x50m	4x50m			12:30					Weit 1 StG HTB/BUX
					12:45	4x50m	4x50m			
					13:00					
	800m				13:15			Ball HSV, HNT		
					13:25	800m				
Hoch HSV			800m		13:35				Weit 1 StG HH, DUWO	Hoch HNT
					13:45			800m		
800m			Hoch HSV, HNT		14:00					800m
					14:15					
Diskus HNT			Ball StG BUX/NTSV, HSV	Ball	14:30			Weit 1 StG HH, HNT		Diskus StG HTB/BUX
					14:45					
					14:55			75m	75m	
					15:00					
			75m	75m	15:10					
					15:30			Hoch StG HH, HSV		
80m Hü			Weit 1 HSV, HNT	Weit 1	15:40					
					15:50				Ball StG HTB/BUX, HSV	80m Hü
					16:10			60m Hü		
			60m Hü		16:20					
4x100m					16:40					4x100m
			4x75m	4x75m	17:00					
					17:10			4x75m	4x75m	