

**Results**
**400m Hurdles Women - Semifinals**
**18 JUL 2025**
**Qualification:** First 2 in each heat (Q) and the next 2 fastest (q) advance to the Final

<b>CHAMPIONSHIP RECORD</b>	54.28	ZAPLETALOVÁ Emma	SVK	Tallinn (EST)	10 JUL 2021
<b>EUROPEAN U23 RECORD</b>	52.03	BOL Femke	NED	Tokyo (JPN)	4 AUG 2021

 TIMING, RESULTS SERVICE & DISTANCE MEASUREMENT BY  **SWISS TIMING**

TEMPERATURE

**28 °C**

HUMIDITY

**53 %**

CONDITIONS

**Partly cloudy**
**Semifinal 1**
**Start Time: 16:50**

Rank	Bib	Name	Ctry	Date of Birth	Lane	Reaction time	Result
1	529	NEWNHAM Emily	GBR	19 MAY 2004	6	0.161	<b>55.13</b> Q
2	550	BALDÉ Vanessa	GER	6 MAY 2003	5	0.185	<b>55.96</b> Q PB
3	280	BENDOVÁ Ester	CZE	28 OCT 2003	4	0.146	<b>56.30</b> PB
4	824	SERAMONDI Alessia	ITA	5 JAN 2003	8	0.207	<b>56.36</b> PB
5	985	OKO Wiktoria	POL	18 SEP 2003	7	0.277	<b>56.76</b> PB
6	427	SALMINEN Heidi	FIN	4 DEC 2003	3	0.130	<b>57.66</b>
7	679	ZENEGIA Elimpiona	GRE	5 NOV 2003	2	0.169	<b>58.34</b>
8	1227	CEBECI Gülsah	TUR	16 APR 2005	1	0.188	<b>1:00.51</b>

**Semifinal 2**
**Start Time: 17:00**

Rank	Bib	Name	Ctry	Date of Birth	Lane	Reaction time	Result
1	395	AHO Aada	FIN	3 JAN 2003	7	0.139	<b>56.00</b> Q PB
2	604	MORGENSTERN Vivienne	GER	13 JUN 2003	4	0.201	<b>56.22</b> Q
3	304	ŠLAPÁKOVÁ Magdalena	CZE	20 APR 2003	5	0.221	<b>56.66</b> PB
4	776	CAVO Ludovica	ITA	28 JUL 2004	8	0.164	<b>57.06</b> PB
5	1019	LAVRESHINA Sofia	POR	14 JUN 2003	6	0.234	<b>57.73</b>
6	500	von PLAUEN Candice	FRA	27 SEP 2005	1	0.266	<b>57.97</b>
7	1168	SLEZÁKOVÁ Rebecca	SVK	18 AUG 2005	2	0.158	<b>58.75</b>
8	703	MOHAI Regina	HUN	8 JUL 2003	3	0.141	<b>59.11</b>

**Semifinal 3**
**Start Time: 17:10**

Rank	Bib	Name	Ctry	Date of Birth	Lane	Reaction time	Result
1	1186	GRANAT Moa	SWE	8 AUG 2004	6	0.148	<b>55.67</b> Q
2	312	VANKOVÁ Barbora	CZE	23 APR 2004	7	0.175	<b>55.79</b> Q PB
3	973	KUBIS Paulina	POL	24 MAR 2004	4	0.176	<b>55.88</b> q PB
4	547	AMAADACHO Yasmin	GER	23 AUG 2003	5	0.164	<b>56.27</b> q PB
5	680	ZENEGIA Laoura	GRE	5 NOV 2003	8	0.184	<b>56.69</b> NU23R
6	925	IMS Selma	NOR	27 SEP 2005	3	0.137	<b>57.30</b>
7	323	AGUILERA Laura	ESP	4 MAR 2003	1	0.176	<b>58.00</b>
8	681	BARTHA Lilla	HUN	9 JAN 2003	2	0.165	<b>58.89</b>

**Legend**

NU23R National U23 Record

PB

Personal Best

Q

Qualified by place

q

Qualified by time

 Website: [www.european-athletics.com](http://www.european-athletics.com)

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