

Rahmenzeit- und Helferplan Team LM U16 / HLV-Pokal U12, U14										
MJU16	MKU12		MJU14			WKU12		WJU14		WJU16
Team-LM	Gr. I	Gr. II	Gr. I	Gr. II		Gr. I	Gr. II	Gr. I	Gr. II	Team-LM
LGWP StG LJH	HSV I HSV II AMTV	HSV TSVW NTSV LGWP HNT ETV	HSV StG HNT/BUX StG HTB/TUSF	AMTV HSV StG HNT/BUX		HSV I HSV II AMTV NTSV SCV ETV LAV	HSV I HSV II AMTV NTSV HNT	HSV I HSV II LGWP SCV TSVK	AMTV LAV TSVW BUX DUWO HNT StG LJH	LGWP SCV
3.000 m Speer StG LJH 800m	Hoch HSV / AMTV				09:00	Weit 1 HSV / AMTV				3.000 m Speer LGWP 800m
	800m				09:20					
					09:30					
					09:40	800m				
					09:55			800m		
					09:45	Weit 1 HSV / AMTV				
					10:00					
	Ball HSV	Ball TSVW			10:05					
			800m		10:15					
100m					10:30	Hoch SCV / ETV	Weit 1 HNT / NTSV			100m
	50 m	50 m			10:50					
Kugel StG LJH	Weit 1 AMTV	Weit 1 NTSV			11:00					Kugel LGWP
					11:10	50m	50m			
Weit 1 StG LJH					11:30					Weit 1 LGWP
	4x50m	4x50m			12:00	Ball LAV	Ball HSV			
Hoch StG LJH					12:15					Hoch LGWP
					12:35					
					12:45	4x50m	4x50m			
			Hoch HSV / StG HNT/BUX		13:00			Ball HSV / LGWP	Weit 1 DUWO / LAV	
					13:10					
					13:20					
			Ball StG HTB/TUSF	Ball AMTV	13:30					
					13:40			Weit 1 SCV / TSVK		
Diskus StG LJH			75m	75m	14:10					Diskus LGWP
					14:20			75m	75m	
					14:30					
80m Hü			Weit 1 StG HNT/BUX	Weit 1 HSV	14:40					
					14:50			Hoch HSV / TSVK		80m Hü
			60m Hü		15:25				Ball TSVW / BUX	
					15:35			60m Hü		
4x100m					16:00					4x100m
			4x75m	4x75m	16:15					
					16:25			4x75m	4x75m	