



## Ergebnisliste MW+AK

| M/W-Pl. | SNR | AK | Name | Jg. | Verein | Zeit |
|---------|-----|----|------|-----|--------|------|
|---------|-----|----|------|-----|--------|------|

## Männer Mittelstrecke - 3100m

m

|     |     |        |                                |      |  |       |
|-----|-----|--------|--------------------------------|------|--|-------|
| 1.  | 188 | 1. M   | GEBREBRHAN Brhane (ERI)        | 1995 | HNT Hamburg                              | 9:57  |
| 2.  | 169 | 2. M   | LADEWIG Lasse Bo               | 1997 | Hamburger SV                             | 10:00 |
| 3.  | 129 | 3. M   | BERGER Eric                    | 1999 | hamburg running                          | 10:03 |
| 4.  | 132 | 4. M   | HENNIG Tim                     | 1993 | hamburg running                          | 10:07 |
| 5.  | 131 | 5. M   | EWERHARDT Patrick              | 1997 | hamburg running                          | 10:11 |
| 6.  | 142 | 6. M   | WITTHUHN Niklas                | 1998 | hamburg running                          | 10:24 |
| 7.  | 140 | 7. M   | WILKENS Jakob                  | 1998 | hamburg running                          | 10:35 |
| 8.  | 147 | 8. M   | SPIER Oliver                   | 1980 | Hamburger Sportclub                      | 10:38 |
| 9.  | 137 | 9. M   | SCHIESEWITZ Christoph          | 1982 | hamburg running                          | 11:33 |
| 10. | 227 | 10. M  | SCHULTZ Marko-German           | 1999 | Tri-Bandits TSG Bergedorf                | 11:51 |
| 11. | 254 | 11. M  | PFÄFFENBACH Jonas              | 1989 | TSG Bergedorf                            | 12:10 |
| 12. | 257 | 1. M40 | SCHULTZ Ingo                   | 1975 | TSG Bergedorf                            | 12:11 |
| 13. | 277 | 1. M50 | NÖLTING Benjamin               | 1966 |  | 12:50 |
| 14. | 138 | 2. M50 | SCHÖLERMANN Karsten            | 1960 | hamburg running                          | 13:23 |
| 15. | 100 | 12. M  | TRAEDER Martin                 | 1990 | 100 Marathon Club                        | 13:36 |
| 16. | 273 | 3. M50 | MEYER Christian                | 1966 |  | 14:05 |
| 17. | 296 | 2. M40 | NEUMANN Gerd                   | 1976 |  | 14:07 |
| 18. | 300 | 3. M40 | GRUBAR Miroslaw                | 1976 |  | 14:25 |
| 19. | 195 | 4. M50 | HEINRICH Jörg                  | 1961 | mv-soft.de                               | 14:28 |
| 20. | 196 | 1. M60 | SHELLETTER Bernd               | 1959 | Reit- und Fahrverein Vierlanden von 1924 | 14:37 |
| 21. | 278 | 13. M  | OBEREICHHOLZ-BANGERT Alexander | 1984 |  | 16:18 |
| 22. | 295 | 5. M50 | BUNTROCK Ralf                  | 1967 |  | 17:10 |
| 23. | 294 | 14. M  | BUNTROCK Christian             | 1994 |  | 17:11 |
| 24. | 220 | 4. M40 | HAMEL Ole                      | 1979 | SVNA                                     | 18:20 |
| 25. | 269 | 6. M50 | HOOP Frank                     | 1968 |  | 18:58 |



## Ergebnisliste MW+AK

| M/W-Pl. | SNR | AK | Name | Jg. | Verein | Zeit |
|---------|-----|----|------|-----|--------|------|
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## Schülerinnen WK U12 (W11/W10 + jünger) - 1020m

W

|     |     |           |                          |      |                           |      |
|-----|-----|-----------|--------------------------|------|---------------------------|------|
| 1.  | 151 | 1. W9     | BREMER Nika Lilith       | 2010 | Hamburger SV              | 4:04 |
| 2.  | 179 | 1. W11    | SCHACHERMEIER Ida        | 2008 | Hamburger SV              | 4:12 |
| 3.  | 191 | 2. W9     | REITMEIER Emma           | 2010 | Katholische Grundschule   | 4:19 |
| 4.  | 234 | 1. W10    | EGWUAGU-GORDIAN Amarachi | 2009 | TSG Bergedorf             | 4:30 |
| 5.  | 154 | 3. W9     | DIEDRICHSEN Frieda       | 2010 | Hamburger SV              | 4:36 |
| 6.  | 214 | 1. W8+jü. | HINTELMANN Lilli Sophie  | 2011 | SCVM                      | 4:45 |
| 7.  | 246 | 2. W10    | LINZ Janina              | 2009 | TSG Bergedorf             | 4:45 |
| 8.  | 229 | 3. W10    | KIRSCH Mia               | 2009 | Tri-Bandits TSG Bergedorf | 4:48 |
| 9.  | 153 | 4. W9     | BÜSCHER Philippa         | 2010 | Hamburger SV              | 4:48 |
| 10. | 290 | 5. W9     | BRANDES Maja             | 2010 | TSG Bergedorf             | 4:49 |
| 11. | 175 | 6. W9     | REINERS Therese          | 2010 | Hamburger SV              | 4:55 |
| 12. | 125 | 2. W8+jü. | SCHRÖPPEL Franziska      | 2011 | Grundschule Wentorf       | 4:56 |
| 13. | 117 | 3. W8+jü. | BOLM Jonna Luisa         | 2011 | Grundschule Wentorf       | 5:01 |
| 14. | 293 | 4. W8+jü. | LÜTJENS Sönne            | 2011 | SC Rönnau                 | 5:08 |
| 15. | 301 | 4. W10    | NAUNDORF Kübra           | 2009 | TSG Bergedorf             | 5:10 |
| 16. | 166 | 5. W8+jü. | KÜHN Mila                | 2011 | Hamburger SV              | 5:14 |
| 17. | 162 | 7. W9     | JUNG Carla Linnea        | 2010 | Hamburger SV              | 5:17 |
| 18. | 180 | 6. W8+jü. | SCHAUBE Mia Lucy         | 2011 | Hamburger SV              | 5:18 |
| 19. | 115 | 7. W8+jü. | BAACK Selina             | 2011 | Grundschule Wentorf       | 5:24 |

## 54. Bergedorfer Crosslauf 2019



## Ergebnisliste MW+AK

| M/W-Pl.  | SNR | AK        | Name                   | Jg.  | Verein                            | Zeit |
|--|-----|-----------|------------------------|------|-----------------------------------|------|
| <b>Schüler MK U12 (M11/M10 + jünger) - 1020m</b> |     |           |                        |      |                                   |      |
| <b>m</b>   |     |           |                        |      |                                   |      |
| 1.   | 118 | 1. M10    | BRÖKER Lasse           | 2009 | Grundschule Wentorf               | 3:43 |
| 2.   | 260 | 2. M10    | UNGER Jakob            | 2009 | TSG Bergedorf                     | 3:44 |
| 3.   | 213 | 1. M11    | HEITMANN Jesse         | 2008 | SCVM                              | 3:46 |
| 4.   | 264 | 3. M10    | ELSHOLZ Julian         | 2009 | Turngemeinde in Berlin 1848 (TiB) | 3:48 |
| 5.   | 105 | 4. M10    | LAMP Moritz            | 2009 | Berliner TSC e.V.                 | 3:50 |
| 6.   | 172 | 5. M10    | NAUMANN Maximilian     | 2009 | Hamburger SV                      | 3:56 |
| 7.   | 102 | 1. M9     | KOLBOOM Sten           | 2010 | AG Hamburg West                   | 4:01 |
| 8.   | 232 | 6. M10    | CISZEWSKI Louis        | 2009 | TSG Bergedorf                     | 4:06 |
| 9.   | 218 | 7. M10    | WINTERFELDT Jonathan   | 2009 | SV Blankenese                     | 4:08 |
| 10.  | 124 | 2. M11    | ROSNER Jonas           | 2008 | Grundschule Wentorf               | 4:13 |
| 11.  | 252 | 3. M11    | OHMS Anton             | 2008 | TSG Bergedorf                     | 4:30 |
| 12.  | 274 | 4. M11    | MEYER Christopher      | 2008 |                                   | 4:32 |
| 13.  | 185 | 2. M9     | GRIEHL Helge           | 2010 | Hamburger SV                      | 4:34 |
| 14.  | 126 | 8. M10    | ZIETZ Florian          | 2009 | Grundschule Wentorf               | 4:34 |
| 15.  | 170 | 3. M9     | LÜNENBORG Jasper       | 2010 | Hamburger SV                      | 4:35 |
| 16.  | 291 | 9. M10    | LÜTJENS Bjarne         | 2009 | SC Rönnau                         | 4:36 |
| 17.  | 302 | 5. M11    | NAUNDORF Mo            | 2008 | TSG Bergedorf                     | 4:41 |
| 18.  | 116 | 10. M10   | BECKERT Lion           | 2009 | Grundschule Wentorf               | 4:41 |
| 19.  | 176 | 4. M9     | RICHTER Jonas          | 2010 | Hamburger SV                      | 4:45 |
| 20.  | 173 | 5. M9     | PAWLAK Lenn Arved      | 2010 | Hamburger SV                      | 4:46 |
| 21.  | 122 | 6. M9     | HERRMANN Piet          | 2010 | Grundschule Wentorf               | 4:47 |
| 22.  | 288 | 7. M9     | FRITSCH Adrian         | 2010 | TSG Bergedorf                     | 4:47 |
| 23.  | 156 | 8. M9     | EVERS Theo             | 2010 | Hamburger SV                      | 4:51 |
| 24.  | 159 | 9. M9     | GÜNZEL Tobias          | 2010 | Hamburger SV                      | 4:52 |
| 25.  | 123 | 10. M9    | MÜHLIG-VERSEN Arthur   | 2010 | Grundschule Wentorf               | 4:56 |
| 26.  | 240 | 11. M10   | HOLBRICHT David        | 2009 | TSG Bergedorf                     | 4:57 |
| 27.  | 255 | 12. M10   | SANDERS Lasse          | 2009 | TSG Bergedorf                     | 4:59 |
| 28.  | 251 | 6. M11    | NOETZEL Matti          | 2008 | TSG Bergedorf                     | 5:01 |
| 29.  | 237 | 7. M11    | HAACK Joris            | 2008 | TSG Bergedorf                     | 5:02 |
| 30.  | 202 | 1. M8+jü  | BRIESENICK Tim         | 2011 | SC Wentorf, 2. F-Jugend           | 5:02 |
| 31.  | 150 | 11. M9    | BOY Myles Aaron        | 2010 | Hamburger SV                      | 5:02 |
| 32.  | 183 | 2. M8+jü  | SEIDEL Noah            | 2011 | Hamburger SV                      | 5:03 |
| 33.  | 114 | 3. M8+jü  | EGGERT Maximilian      | 2011 | Grundschule Mittlerer Landweg     | 5:04 |
| 34.  | 163 | 4. M8+jü  | KAUS Paul              | 2011 | Hamburger SV                      | 5:04 |
| 35.  | 174 | 5. M8+jü  | REICHEL Leo            | 2011 | Hamburger SV                      | 5:06 |
| 36.  | 113 | 6. M8+jü  | DIETZ Bo               | 2011 | Grundschule Mittlerer Landweg     | 5:07 |
| 37.  | 184 | 12. M9    | SHARAPOV Jan           | 2010 | Hamburger SV                      | 5:08 |
| 38.  | 121 | 7. M8+jü  | HERRMANN Lio           | 2012 | Grundschule Wentorf               | 5:14 |
| 39.  | 261 | 8. M8+jü  | ZWIENER Janne Jonathan | 2011 | TSG Bergedorf                     | 5:21 |
| 40.  | 168 | 13. M9    | KÜPPERS Gerrit         | 2010 | Hamburger SV                      | 5:24 |
| 41.  | 155 | 14. M9    | ENGELMANN Jasper       | 2010 | Hamburger SV                      | 5:27 |
| 42.  | 160 | 9. M8+jü  | HENZEL Vincent         | 2011 | Hamburger SV                      | 5:28 |
| 43.  | 203 | 10. M8+jü | KIEFFER Connor (USA)   | 2011 | SC Wentorf, 2. F-Jugend           | 5:29 |
| 44.  | 204 | 15. M9    | KIEFFER Donovan (USA)  | 2010 | SC Wentorf, 2. F-Jugend           | 5:29 |
| 45.  | 120 | 11. M8+jü | HERRMANN Flynn         | 2012 | Grundschule Wentorf               | 5:29 |
| 46.  | 228 | 13. M10   | KIRSCH Jonah           | 2009 | Tri-Bandits TSG Bergedorf         | 5:32 |
| 47.  | 210 | 12. M8+jü | RÖNNAU Luis            | 2011 | SC Wentorf, 2. F-Jugend           | 5:46 |
| 48.  | 249 | 13. M8+jü | MUSEKAMP Tilo          | 2012 | TSG Bergedorf                     | 5:49 |
| 49.  | 205 | 14. M8+jü | KIEFFER Ryan (USA)     | 2012 | SC Wentorf, 2. F-Jugend           | 5:50 |
| 50.  | 211 | 15. M8+jü | WEDEKIND Hauke         | 2011 | SC Wentorf, 2. F-Jugend           | 6:11 |
| 51.  | 209 | 16. M8+jü | PETERSEN Benjamin      | 2011 | SC Wentorf, 2. F-Jugend           | 6:12 |
| 52.  | 208 | 17. M8+jü | KLASEN Jul             | 2011 | SC Wentorf, 2. F-Jugend           | 6:12 |

**Ergebnisliste MW+AK**

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| M/W-Pl. | SNR | AK | Name | Jg. | Verein | Zeit |
|---------|-----|----|------|-----|--------|------|
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**Schülerinnen WJ U14 (W13/W12) - 2060m**

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**w**

|    |     |        |                       |      |                                   |       |
|----|-----|--------|-----------------------|------|-----------------------------------|-------|
| 1. | 212 | 1. W12 | BORSTELMANN Lea       | 2007 | SCVM                              | 8:37  |
| 2. | 236 | 2. W12 | EYBE Madita           | 2007 | TSG Bergedorf                     | 8:54  |
| 3. | 245 | 1. W13 | LINZ Finja            | 2006 | TSG Bergedorf                     | 8:59  |
| 4. | 292 | 3. W12 | LÜTJENS Awanin        | 2007 | SC Rönna                          | 9:11  |
| 5. | 263 | 4. W12 | WINTERFELDT Charlotte | 2007 | Turnerschaft Osdorf von 1910 e.V. | 9:53  |
| 6. | 253 | 2. W13 | OTT Friederike        | 2006 | TSG Bergedorf                     | 9:55  |
| 7. | 165 | 3. W13 | KUHN Annika           | 2006 | Hamburger SV                      | 10:11 |

# 54. Bergedorfer Crosslauf 2019

## Ergebnisliste MW+AK



| M/W-Pl. | SNR | AK | Name | Jg. | Verein | Zeit |
|---------|-----|----|------|-----|--------|------|
|---------|-----|----|------|-----|--------|------|

### Schüler MJ U14 (M13/M12) - 2060m

m

|    |     |        |                     |      |                   |      |
|----|-----|--------|---------------------|------|-------------------|------|
| 1. | 305 | 1. M13 | PETERSEN Pablo      | 2006 |                   | 8:01 |
| 2. | 178 | 2. M13 | SCHACHERMEIER Edgar | 2006 | Hamburger SV      | 8:09 |
| 3. | 231 | 1. M12 | NEUMANN Oke         | 2007 | TriKids/FTV       | 9:10 |
| 4. | 250 | 3. M13 | NEIDIGK Linus       | 2006 | TSG Bergedorf     | 9:14 |
| 5. | 127 | 2. M12 | MEIER Rocco         | 2007 | Gymnasium Wentorf | 9:15 |

**Ergebnisliste MW+AK**

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| M/W-Pl. | SNR | AK | Name | Jg. | Verein | Zeit |
|---------|-----|----|------|-----|--------|------|
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**Schülerinnen WJ U16 (W15/W14) - 2060m**

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**w**

|    |     |        |                         |      |               |       |
|----|-----|--------|-------------------------|------|---------------|-------|
| 1. | 259 | 1. W14 | UNGER Elisa             | 2005 | TSG Bergedorf | 7:33  |
| 2. | 289 | 2. W14 | ELLERMANN Marleen       | 2005 | LAV HH Nord   | 7:57  |
| 3. | 282 | 1. W15 | SCHULZ Inga             | 2004 | TSG Bergedorf | 8:03  |
| 4. | 182 | 2. W15 | SCHUBERT Olivia         | 2004 | Hamburger SV  | 8:22  |
| 5. | 235 | 3. W14 | EGWUAGU-GORDIAN Whitney | 2005 | TSG Bergedorf | 10:24 |

# 54. Bergedorfer Crosslauf 2019

## Ergebnisliste MW+AK



| M/W-Pl.                                 | SNR | AK     | Name           | Jg.  | Verein        | Zeit |
|---|-----|--------|----------------|------|---------------|------|
| <b>Schüler MJ U16 (M15/M14) - 2060m</b> |     |        |                |      |               |      |
| <b>m</b>                                |     |        |                |      |               |      |
| 1.                                      | 243 | 1. M15 | KOCHMANN Glenn | 2004 | TSG Bergedorf | 6:55 |
| 2.                                      | 167 | 2. M15 | KÜHNEL Tom     | 2004 | Hamburger SV  | 7:52 |
| 3.                                      | 307 | 3. M15 | KASPER Jannes  | 2004 |               | 8:30 |

# 54. Bergedorfer Crosslauf 2019

## Ergebnisliste MW+AK



| M/W-Pl. | SNR | AK | Name | Jg. | Verein | Zeit |
|---------|-----|----|------|-----|--------|------|
|---------|-----|----|------|-----|--------|------|

### Weibliche Jugend - 3100m

**w**

|    |     |        |               |      |                       |       |
|----|-----|--------|---------------|------|-----------------------|-------|
| 1. | 187 | 1. U20 | VAHL Sophie   | 2001 | Hamburger SV          | 11:19 |
| 2. | 241 | 1. U18 | HOLWEG Lilith | 2003 | TSG Bergedorf         | 11:37 |
| 3. | 110 | 2. U20 | HÜBENET Anne  | 2000 | Fischer-Mohr Laufteam | 12:47 |
| 4. | 199 | 2. U18 | HAUFE Kaja    | 2002 | SC Urania Hamburg     | 14:06 |
| 5. | 308 | 3. U20 | KASPER Hannah | 2001 |                       | 14:16 |



**Ergebnisliste MW+AK**

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| M/W-Pl. | SNR | AK | Name | Jg. | Verein | Zeit |
|---------|-----|----|------|-----|--------|------|
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**Männliche Jugend - 3100m****m**

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|    |     |        |                   |      |                               |       |
|----|-----|--------|-------------------|------|-------------------------------|-------|
| 1. | 217 | 1. U20 | BOLBAT Marcel     | 2001 | STS Meiendorf                 | 9:58  |
| 2. | 233 | 2. U20 | DINKELMEYER Fabio | 2001 | TSG Bergedorf                 | 10:33 |
| 3. | 239 | 3. U20 | HASSENPFUG Julius | 2001 | TSG Bergedorf                 | 10:45 |
| 4. | 242 | 4. U20 | HUMBERT Louis     | 2001 | TSG Bergedorf                 | 11:19 |
| 5. | 201 | 1. U18 | GÖLDNER Magnus    | 2003 | SC Wentorf Moderner Fünfkampf | 11:53 |

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# 54. Bergedorfer Crosslauf 2019

## Ergebnisliste MW+AK



| M/W-Pl. | SNR | AK | Name | Jg. | Verein | Zeit |
|---------|-----|----|------|-----|--------|------|
|---------|-----|----|------|-----|--------|------|

### Lady Cross - 5980m

#### W

|     |     |        |                      |      |                                    |       |
|-----|-----|--------|----------------------|------|------------------------------------|-------|
| 1.  | 192 | 1. W   | SUSSMANN Jana        | 1990 | Lauf Team Haspa Marathon Hamburg   | 19:48 |
| 2.  | 152 | 2. W   | BRUNNER Lara         | 1999 | Hamburger SV                       | 22:39 |
| 3.  | 106 | 1. W40 | WINTERFELDT Barbara  | 1973 | CrossFit Maschinenhalle Schenefeld | 25:35 |
| 4.  | 130 | 3. W   | EGGERS Vanessa       | 1984 | hamburg running                    | 26:47 |
| 5.  | 134 | 4. W   | HUBER Clara          | 1992 | hamburg running                    | 26:47 |
| 6.  | 265 | 5. W   | GRÖHN Kerstin        | 1983 |                                    | 27:31 |
| 7.  | 310 | 1. W50 | HOHENSCHUD Britta    | 1964 | Lufthansa                          | 28:53 |
| 8.  | 247 | 6. W   | LUDWIG Neele         | 1990 | TSG Bergedorf                      | 32:40 |
| 9.  | 279 | 7. W   | OBEREICHHOLZ-BANGERT | 1992 |                                    | 37:17 |
| 10. | 266 | 2. W50 | GWILLIAM Sonia K.    | 1964 |                                    | 45:57 |



## Ergebnisliste MW+AK

| M/W-Pl.                                   | SNR | AK      | Name                   | Jg.  | Verein                           | Zeit    |
|---|-----|---------|------------------------|------|----------------------------------|---------|
| <b>Bernd Looff Memorial Race - 10200m</b> |     |         |                        |      |                                  |         |
| <b>m</b>                                  |     |         |                        |      |                                  |         |
| 1.  | 189 | 1. M    | MERESIE Hailezgi (ERI) | 1990 | HNT Hamburg                      | 34:01   |
| 2.  | 139 | 2. M    | SCHRÖTER Max           | 1993 | hamburg running                  | 34:06   |
| 3.  | 193 | 3. M    | GOINEAU Volker         | 1987 | LG Braunschweig                  | 34:25   |
| 4.  | 190 | 4. M    | THIESSEN Mathias       | 1980 | HNT Hamburg                      | 37:55   |
| 5.  | 146 | 5. M    | MARTHIENSEN Nils       | 1996 | Hamburger Sportclub              | 37:57   |
| 6.  | 128 | 6. M    | DELIUS Basile Tim      | 1992 | Hamburg Harbour Runners          | 38:47   |
| 7.  | 270 | 1. M40  | JESSEL Philip          | 1974 |                                  | 39:01   |
| 8.  | 143 | 1. M50  | PRIESKE Klaus          | 1964 | Hamburger Laufladen              | 39:06   |
| 9.  | 133 | 7. M    | HOLLANDER Karsten      | 1985 | hamburg running                  | 39:46   |
| 10.                                       | 226 | 2. M50  | DANNEHL Jan            | 1969 | Triabolos Triathlon Hamburg e.V. | 40:17   |
| 11.                                       | 225 | 8. M    | SIEMERS Paul Lennart   | 1998 | Tri-Bandits TSG Bergedorf        | 40:37   |
| 12.                                       | 136 | 9. M    | ROTHER Robert          | 1982 | hamburg running                  | 41:17   |
| 13.                                       | 298 | 10. M   | HOLLDACK Leo           | 1995 |                                  | 43:10   |
| 14.                                       | 297 | 2. M40  | SCHOLZ Jan             | 1977 |                                  | 43:31   |
| 15.                                       | 198 | 3. M40  | GROTH Paul             | 1970 | RunBurn Börnsen                  | 43:35   |
| 16.                                       | 272 | 4. M40  | MEYBERG Nikolaus       | 1971 |                                  | 43:44   |
| 17.                                       | 230 | 3. M50  | MEYER Björn            | 1969 | Tri-Bandits TSG Bergedorf        | 43:48   |
| 18.                                       | 299 | 5. M40  | EHLERS Benjamin        | 1978 | Turnerbund Hamburg Eilbeck       | 44:10   |
| 19.                                       | 144 | 4. M50  | BIELER Georg           | 1960 | Hamburger Sportclub              | 44:16   |
| 20.                                       | 262 | 11. M   | TEICH Tobias           | 1986 | TSG Bergedorf/ TriBandits        | 44:22   |
| 21.                                       | 215 | 12. M   | JESCHAK Patrick        | 1986 | SF Ennepetal                     | 44:29   |
| 22.                                       | 216 | 6. M40  | GERHARDT Christian     | 1970 | Spiridon Club Bad Oldesloe       | 46:08   |
| 23.                                       | 104 | 13. M   | HEITMANN Philipp       | 1990 | AthlevoCrossfit                  | 46:45   |
| 24.                                       | 141 | 14. M   | WINTER Philipp         | 1988 | hamburg running                  | 47:04   |
| 25.                                       | 280 | 15. M   | PATZKE Justus          | 1987 |                                  | 48:20   |
| 26.                                       | 135 | 5. M50  | ISLER Mathias          | 1967 | hamburg running                  | 48:57   |
| 27.                                       | 194 | 1. M60  | KNAACK Juergen         | 1952 | LT Reinbek                       | 49:10   |
| 28.                                       | 200 | 6. M50  | GÖLDNER Finn           | 1968 | SC Wentorf Moderner Fünfkampf    | 50:36   |
| 29.                                       | 267 | 7. M40  | HJETTING Lars          | 1974 |                                  | 51:11   |
| 30.                                       | 306 | 7. M50  | KASPER Thomas          | 1968 |                                  | 51:16   |
| 31.                                       | 109 | 8. M40  | KNAACK Tobias          | 1975 | FC St. Pauli Triathlon           | 51:24   |
| 32.                                       | 107 | 16. M   | PFENNIG Malte          | 1983 | ELIXIA                           | 51:47   |
| 33.                                       | 101 | 17. M   | TRAEDER Martin         | 1990 | 100 Marathon Club                | 51:55   |
| 34.                                       | 223 | 2. M60  | TOKAREK Thomas         | 1959 | Team ERDINGER Alkoholfrei        | 52:01   |
| 35.                                       | 268 | 9. M40  | HJETTING Sven          | 1974 |                                  | 52:51   |
| 36.                                       | 222 | 18. M   | HOYA Constantin        | 1980 | Team ERDINGER Alkoholfrei        | 53:11   |
| 37.                                       | 221 | 19. M   | ENGEL Sören            | 1982 | Team ERDINGER Alkoholfrei        | 53:40   |
| 38.                                       | 287 | 20. M   | WEIDNER Jakob          | 1984 |                                  | 55:23   |
| 39.                                       | 303 | 8. M50  | RUSCHE Frank           | 1967 |                                  | 55:37   |
| 40.                                       | 224 | 21. M   | BILANOVIC Anto (CRO)   | 1983 | Team MariTeam                    | 56:40   |
| 41.                                       | 285 | 10. M40 | STEENSBECK Sebastian   | 1977 |                                  | 56:55   |
| 42.                                       | 271 | 11. M40 | KORFF Helge            | 1978 |                                  | 1:00:03 |
| 43.                                       | 276 | 9. M50  | NIEMEYER Frank         | 1962 |                                  | 1:03:55 |
| 44.                                       | 304 | 10. M50 | QUISTORF Andreas       | 1966 |                                  | 1:04:19 |
| 45.                                       | 108 | 22. M   | PFENNIG Simon          | 1986 | ELIXIA                           | 16:49   |
| 46.                                       | 186 | 3. M60  | TIMM Wolfgang          | 1947 | Hamburger SV                     | 5:44    |

# 54. Bergedorfer Crosslauf 2019

## Ergebnisliste MW+AK



| M/W-Pl. | SNR | AK | Name | Jg. | Verein | Zeit |
|---------|-----|----|------|-----|--------|------|
|---------|-----|----|------|-----|--------|------|

### Speed Cross - 1020m

#### m

|    |     |        |                 |      |               |      |
|----|-----|--------|-----------------|------|---------------|------|
| 1. | 311 | 1. U20 | JUNGCLAUS Jacob | 2001 |               | 3:22 |
| 2. | 238 | 2. U20 | HACKBART Finn   | 2003 | TSG Bergedorf | 3:23 |

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|    |     |        |                   |      |                 |      |
|----|-----|--------|-------------------|------|-----------------|------|
| 1. | 219 | 1. W   | GAST Ulrike       | 1974 | SV Großhansdorf | 3:39 |
| 2. | 158 | 1. U20 | GERLACH Lina      | 2001 | Hamburger SV    | 3:42 |
| 3. | 258 | 2. U20 | TÖBBERT Luisa     | 2003 | TSG Bergedorf   | 3:45 |
| 4. | 309 | 3. U20 | SCHREIER Fabienne | 2003 |                 | 3:47 |